


		Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Monthly Schedule subject to change based on program discretion/patient needs.</i></p> <p><b>Happy Birthday</b></p> 			1	2	3	4
			8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am Phrase Scrambler (C) 12:00pm Lunch (S) 1:00pm Chair Exercise (P) 1:30pm <b>best pranks in history (C/S)</b> 2:00pm Ball Toss (P) 2:45pm Snack (S) 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)	8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am Hangman (C) 12:00pm Lunch (S) 1:00pm Chair Exercise (P) 1:30pm spring unscrambles (C/S) 2:00pm Grammar School (C) 2:45pm Snack (S) 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)	8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am Jammin' with John (C/S) 12:00pm Lunch (S) 1:00pm Chair Exercise (P) 1:30pm spring Crossword puzzle (C/S) 2:00pm Grammar school (C/S) 2:45pm Snack (S) 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs	8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am This was the Year (C) 12:00pm Lunch (S) 1:00pm Chair Exercise (P) 1:30pm ball toss (C/S) 2:00pm spring Bingo (S/C) 2:45pm <b>Snack (Deep dish pizza) (S)</b> 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)
<p><b>Janice</b> 4/10</p> <p><b>Tomeiko</b> 4/25</p> <p><b>Special Events</b></p>	7	8	9	10	11	
		8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am Would you rather (S/C) 12:00pm Lunch (S) 1:00pm Chair Exercise (P) 1:30pm cram class (S/C) 2:00pm spring trivia (C/S) 2:45pm Snack (S) 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)	8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am Price is Right (C) 12:00pm Lunch (S) 1:00pm Chair Exercise (P) 1:30pm <b>Arts &amp; crafts (C)</b> 2:00pm Grammar school (C) 2:45pm Snack (S) 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)	8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am Hangman (C) 12:00pm Lunch (S) 1:00pm Chair Exercise (P) 1:30pm spring bingo (S/C) 2:00pm Deal or no deal (S/C) 2:45pm Snack (S) 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)	8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am Jammin' with John (C/S) 12:00pm Lunch (S) 1:00pm Chair Exercise (P) 1:30pm spring Jeopardy (C/S) 2:00pm Grammar School (C) 2:45pm Snack (S) 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)	8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am This was the Year (C) 12:00pm Lunch (S) 1:00pm Chair Exercise (P) 1:30pm Noodle Ball (p) 2:00pm spring crossword puzzle (S/C) 2:45pm Snack (S) 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)
<p><b>April Fools</b> 4/1</p> <p><b>Deep Dish Pizza</b> 4/4</p> <p><b>Scramble Day</b> 4/14</p> <p><b>Jackie Robinson Day</b> 4/15</p>	14	15	16	17	18	
		8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am Nursery Rhymes & Riddles (S/C) 12:00pm Lunch (S) 1:00pm Chair Exercise (P) 1:30pm <b>spring word scramble (S)</b> 2:45pm Snack (S) 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)	8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am Wheel of Fortune (C) 12:00pm Lunch (S) 1:00pm Chair Exercise (C) 1:30pm <b>person of the month: Jackie Robinson (C)</b> 2:00pm noodle ball (P) 2:45pm Snack (S) 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)	8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am Pictionary (C) 12:00pm Lunch (S) 1:00pm Chair Exercise (P) 1:30pm Lucky Dog (P/C/S) 2:00pm Spring Bingo (S) 2:45pm Snack (S) 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)	8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am Jammin' with John (C/S) 12:00pm Lunch (S) 1:00pm Chair Exercise (P) 1:30pm tell me a story (S/C) 2:00pm Grammar school (S/C) 2:45pm Snack (S) 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)	8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am <b>Easter egg hunt (C)</b> 12:00pm Lunch (S) 1:00pm Exercise (P) 1:30pm <b>Easter trivia (S)</b> 2:45pm <b>Snack (animal crackers) (S)</b> 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)
<p><b>Wear your pajamas to work day</b> 4/16</p> <p><b>Animal Crackers Day</b> 4/18</p> <p><b>Easter</b> 4/20</p> <p><b>Earth day</b> 4/22</p> <p><b>Babe Ruth Day</b> 4/27</p>	21	22	23	24	25	
		8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am Nursery Rhymes & Riddles (P/S) 12:00pm Lunch (S) 1:00pm Chair Exercise (P) 1:30pm grammar school (C) 2:00pm Lucky dog (S) 2:45pm Snack (S) 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)	8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am Wheel of Fortune (C) 12:00pm Lunch (S) 1:00pm Chair Exercise (C) 1:30pm <b>Arts &amp; crafts (C/S)</b> 2:00pm Grammar school (C/S) 2:45pm Snack (S) 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)	8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am Word Connect (C) 12:00pm Lunch (S) 1:00pm Chair Exercise (P) 1:30pm spring unscramble (C) 2:00pm tell me a story (S/C) 2:45pm Snack (S) 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)	8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am Jammin' with John (C/S) 12:00pm Lunch (S) 1:00pm Chair Exercise (P) 1:30pm spring Crossword puzzles (C/S) 2:00pm price is right (C) 2:45pm Snack (S) 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)	8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am This was the year (C) 12:00pm Lunch (S) 1:00pm Chair Exercise (P) 1:30pm spring bingo (S) 2:45pm Snack (S) 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)
		8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am Would you rather (S/C) 12:00pm Lunch (S) 1:00pm Chair Exercise (P) 1:30pm <b>person of the month: Babe Ruth (C/S)</b> 2:00pm Tell me a story (C/S) 2:45pm Snack (S) 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)	8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am Price is Right (C) 12:00pm Lunch (S) 1:00pm Chair Exercise (P) 1:30pm spring Crossword puzzle (C) 2:00pm Grammar school (C) 2:45pm Snack (S) 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)	8:00am Morning Greetings (S) 9:00am Breakfast (S) 10:00am Seated Exercise (P) 11:00am Pictionary (C) 12:00pm Lunch (S) 1:00pm Chair Exercise (P) 1:30pm Lucky Dog (P/C/S) 2:00pm spring Bingo (S) 2:45pm Snack (S) 3:00pm Creative Coloring (C/S) 4:00pm-5:00pm Sing-a-Longs (S)		



**April 2025**

**Palm Beach Gardens**

**Specialized Alzheimer's  
Day Care Program Palm Beach Gardens**

4075 Holly Drive  
Palm Beach Gardens, FL 33410  
Mon-Fri: 8:00 – 5:00pm  
(561) 630-4724  
www.alzcare.org

Talitha Moore, LPN Program Manager  
TBD, Program Nurse

**1-800-394-1772  
24 Hour Crisis Line**

Cognitive	Word Games, Math Games, Trivia Games, Reminiscence, Board Games, "Current" Events, Morning Announcements, Tabletop Activities-coloring, bean sorting, puzzles, patient specific individual tasks	Encouraging thinking, reasoning, reminiscing; stimulating retained/long-term memories and integrating those memories into activities; acknowledging and accepting the patient's perception of his/her "world" in a supportive, engaging, nonjudgmental environment; encouraging and rewarding creativity
Physical	Chair Exercise, Dancing, Arts and Crafts, Noodle Ball/Volleyball, Dancing, Magnetic Darts, Bean Bag Toss, Bowling	Exercising both gross motor and fine motor skills; facilitating movement and maximizing physical independence while optimizing safety
Social	Building a Story, Trivia "Competition", Music Therapy, Sing-along, Group craft building, Group discussion, Group Games	Honoring the human condition and need for relationships and social contact; encouraging social interaction and connection with peers based on shared interests and abilities; acknowledging the patient's successes, maximizing dignity and self-esteem
Spiritual	Non-judgmental safe environment <b>at all times.</b> Music-patient's choice, Recognizing unique culture and faiths in discussions and in song, positive reinforcement of all endeavors	Promoting balance between the patient's inner and outer worlds; honoring the family's heritage and culture, providing an atmosphere of calm, harmony, and safety where the patient can be him/herself with pride; respecting each person's unique belief system
Emotional	Positive Communication <b>at all times:</b> Validation, Therapeutic Touch, Praise/Encouragement, Positive Behavioral Interventions	Understanding and compassionately caring for the patient's emotional needs by providing a nurturing environment; communicating with the patient in a supportive, validating manner, with understanding of, and empathy for, limitations imposed by Alzheimer's disease or a related neurocognitive disorder; communicating positively both verbally and nonverbally guided by the patient's abilities